

Principal's Print

Dear Manea Senior College Community Members

Welcome to the first newsletter for 2015.

Term One is racing along and we have had a tremendous start to the year, with our enrolment reaching 510 students and the addition of 5 new staff. Our new staff and students have transitioned into the expectations at Manea well and are enjoying the unique environment on offer. We already have 135 expressions of interest for enrolment next year as our reputation continues to grow. The process for enrolling in 2016 will commence during Term Two this year.

Part of the reason for our positive reputation is the conduct of our students and young adult manner in which they conduct themselves. The 2015 College Ball which I had the privilege to attend was a great example. The Fire and Ice themed ball was a memorable occasion and a credit to Lauren Baxter, Asharie Bradshaw and their Team on an outstanding College event.

2015 Newsletter: Term 1 Edition

The success of our College also is due to the direction and leadership provided by the MSC Board and it was pleasing to see interest for vacant positions on the Board. I received 3 expressions of interest from parents to fill one place on the Board, necessitating an election which will take place over the coming weeks. Inside this edition you will find information on our current Board members.

In 2014 we had a very successful year with excellent student results and feedback from parents, staff and students indicating high levels of satisfaction with Manea. The College Annual Report will become available early in Term Two and enable members of our College Community to gain an insight into the successes and identified areas for development in 2015.

Remember that education is a Team effort which requires buy in from all. The staff at Manea do want to hear your feedback to reinforce what we do well and to develop areas of growth. I look forward to hearing your feedback about Magnificent Manea.

Regards
Rod Rykers
Principal

Scholarship Providers



Student Health – Fitness for School

Health care provision for students at Manea Senior College varies from other schools. We do not have a school nurse and as such health related issues are handled using a triage approach. Students who are unwell (ie: they cannot be in class) are deemed to be unfit for school and as such parents and other contacts will be used to identify a carer to collect the student from the College.

Where a student presents as unwell at home (prior to leaving for school) it is recommended that the student remains at home until their health is sufficient to resume normal school classes. In this case, illness can be recorded as the reason for absence and this represents an acceptable reason for non-attendance. Extended absences for illness will require a medical certificate. Students can email their teachers and obtain class information as

required during periods of acceptable absence. In addition student work may be available via our online Moodle site.

To notify the College of a student absence the following options are available:

Email: manea.sc@education.wa.edu.au

Manea Skoolbag App: download from the “App Store” for Apple devices or the “Play Store” for Android devices. This App allows you to update your details and notify us of an absence.

Phone: 9721 0600

College Communications:

Our College continues to explore and develop new ways of communicating with members of our community. We invite information via a variety of online forms for enrolment, booking parent-teacher interviews, seeking feedback and nominations.

We use our Internet, internal Intranets and Facebook to connect with parents, students and staff along with Skoolbag and absentee notifications via text messages.

The College is developing an online learning platform so that students and teachers are available to collaborate and share resources and work, 24/7.

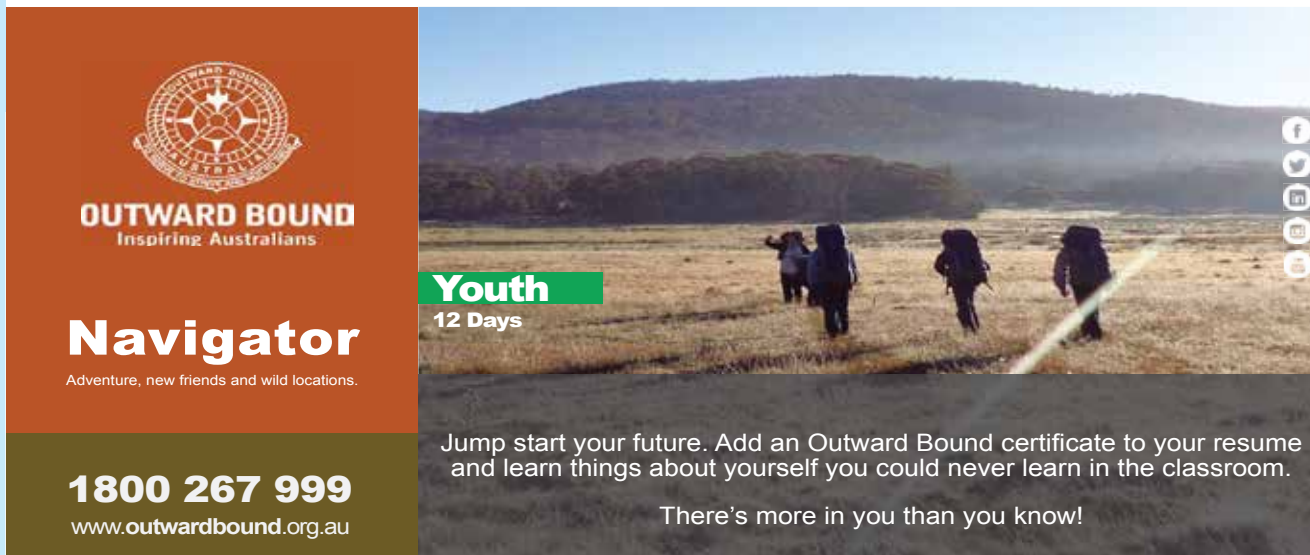
The use of email to convey personal information such as student reports, logins/ passwords and teacher contact details is a critical aspect of our communication processes. We use email as our first line of communication with both parents and students. All students are required to use their email accounts and our records indicate that we have email addresses for 99% of our parent body.

Please ensure that you alert the College to your email address as this, is as equally important as having an accurate record of students residential address.

We appreciate your patience and support in our endeavour to provide effective and timely modes of communication.

Traffic Management/Congestion – Improvements on the way

As some of you may have already experienced there is some significant traffic congestion at the SWIT/Manea entry off Robertson Drive in the morning and afternoons. This situation should be alleviated by midyear with SWIT undertaking significant road works which will include the redirection of bus services and



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the implementation of a new main entry into SWIT off Sommerville Drive. This will alleviate the congestion at the Robertson Drive entrance.

Expect some additional delays and congestion at the SWIT side of the College as the road works are completed. In the meantime entry to Manea via the Health campus/ECU entrance may be worth consideration.

Manager of Academic Performance

Wow, what a start to 2015! Year 12's have settled in with numerous subject changes, pathway changes and the realisation of what being a Year 12 student is all about.

We have put all of the ATAR students through an intensive 2 hour session on time management and study techniques as well as holding a combined University presentation with representatives from ECU, UWA, Notre Dame, Murdoch and Curtin.

VET pathway students are well on their way too with work placement, course requirements and searching for potential apprenticeships.

I wish everyone a safe and happy Easter holidays and look forward to the start of Term 2 and all that it has to offer our students.

Dave Crawford

P.A.R.T.Y (Prevention of alcohol related risk and trauma in youth) Excursion.

Health and Medical Specialist Pathway students spent Friday 20th February at the South West Health Campus- walking the simulated steps of an admitted patient to ED following an alcohol related trauma. Students were the audience to engaging health professionals that take part in the process of admission, diagnosis, treatment and the many other associated duties when dealing with an emergency. Doctors, paramedics, nurses, physiotherapists, occupational therapists and speech pathologists were all represented and they further articulated the many highs and challenges of their chosen vocations.

The students were put into practical activities where they take on the role of a patient who had lost mobility or speech or both and under the guidance of the health professionals had to navigate dressing themselves, lifting themselves into a chair, and the highlight of the day swallow liquid food!

The final presentation of the day was by Paraplegic Benefit Fund (PBF) representative and local Paul D'Vorak. Paul spoke frankly about his accident and his life before and after. His outstanding presentation to students was both humbling and inspiring. His courage in sharing his life and on-going challenges together with his honesty in answering questions was quite formidable. Students did themselves proud by asking probing and respectful questions and marvelling at Paul's humility.

A special thanks to Linda Evans who oversees the delivery of this program to many high school students in the South West.



Secondary Assistance Scheme

Do you hold a Centrelink Family Healthcare Card, Centrelink Pensioner Card or Veterans' Affairs Pensioner Card? You may be eligible for up to \$350 towards school expenses. Applications close on **Thursday 2nd April**. Please contact the office for further information.

SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12
YOU MAY BE ELIGIBLE FOR UP TO:

\$350

towards school expenses

DO YOU HOLD A: ● CENTRELINK HEALTH CARE CARD
(OR) ● CENTRELINK PENSIONER CONCESSION CARD
(OR) ● VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close
Thursday 2nd April 2015

ASK SCHOOL RECEPTION FOR MORE INFORMATION

Manea Senior College Annual Ball

On Saturday 14th March the Manea Senior College Ball was held at the Lighthouse Beach Resort. The theme for the event was 'Fire and Ice'. Students enjoyed arriving in many different vintage cars including a Ferrari and a Fire Truck and walking down the red carpet to enter the venue between fire twirlers. They were greeted by the Principal Rod Rykers, and Associate Principals Keith Marley and Andrew Healey. Both male and female staff members were dressed for the occasion as snowmen, characters from the movie Frozen, and devils. As students entered the Lighthouse Resort they had their photographs taken by Henderson Photographics and some of our very own Media students, while enjoying canapés. During the evening, entertainment included a live band, DJ set and Photo booth. Staff were impressed with the level of maturity that students displayed throughout the evening and the wonderful outfits being worn. From the moment the DJ set began the dance floor was full and it remained that way until the end of the last track. A massive thanks needs to be given to all staff involved, the Lighthouse staff and also, to Di Stewart for organising the entertainment for the night. It was a night that won't be forgotten!



Awards went to:

Belle of the Ball: Diahna Italiano

Beau of the Ball: Oliver Booth

Best Dressed Male: Rick Knott

Best Dressed Female: Nicole Dumitrascu

Best Couple: Siobhon Eacott & Oliver Booth

Best Arrival: Sarah Hardcastle & Jake Dugan

Best Dancer: Ivy Moylett



HMSP Perth University camp 2015

Freeways closed due to fire, alarms ringing in dorms were all just part of the camp to Perth 24-26 February. Intrepid students with diverse interests in Health and Medical careers had the opportunity to visit four of the major universities in Perth, as well as partake in a few recreational activities.

Edith Cowan University – Joondalup

Notre Dame University – Fremantle

University Western Australia – Crawley

Curtin University – Bentley

University presentations were informative and engaging, giving a real insight into campus life – whirly chairs, mosh pits, anatomage tables and many new technologies enabling exciting progress in health and medical science.

The weather was hot and humid to put it mildly but rests between visits including, fish and chips in Fremantle, Tutti Frutti visits in Leederville and Laser Tag at Willeton all helped ease the discomfort. Students worked together to plan, shop for and cook a BBQ dinner for the entire group which was a stellar performance with special mention to Jacob as a budding young chef!!

The opportunity for camaraderie and new found friendships was taken on and students returned with many more avenues to consider for their bright futures.

Sincere thanks to Jo for all her organisation and to the students for their impressive representation of Manea Senior College.



Year 12 HMSP Lectures at Bunbury Regional Hospital

We are very fortunate this year in the Health and Medical Specialist Program (HMSP) to attend several lectures made available to our students by teaching doctors at Bunbury Regional Hospital.

Year 12 HMSP students were asked to sign up to attend at least one lecture throughout the year. Opportunities to be experienced include;

1. The continual learning exhibited in a health career;
2. Interaction with medical registrars, students and doctors;
3. New content related to paediatric medicine;
4. Different learning styles of health professionals; and
5. How to conduct themselves in a professional setting.

Year 12 student Kelsey Hislop was first to sign up and learnt all about breathing difficulties in small children.

The program has now been extended to Year 11 HMSP students.



Curriculum Manager Update

The 2015 academic year is now in full swing. I would like to welcome all the Year 11 students to Manea and congratulate you on an excellent start to your studies. Can you believe that we are practically at the half-way mark of Semester One? We have been impressed with how the students, with great support from parents, are upholding our core values of 'Choice, Respect, Responsibility and Success'.

There are a couple of academic opportunities I would like to remind you of. All students have access to 'Yourtutor' – this is a FREE online tutoring program, sponsored by Edith Cowan University. Students are able to log on from 3pm to 10pm every day of the week, except Saturday. Students were given an access card at the start of the year. They need to see Simon or Dave if they can't locate this.

'ATAR Advantage Education' will be running ATAR revision programs in Bunbury during 2015. The first of these will be in the April holidays for a number of Year 11 and Year 12 ATAR subjects. This has been

advertised to students. Students need to see Simon or Dave for an application form if interested (these are paid seminars). Please note that Manea is also planning to run their own ATAR Revision Seminars for Year 12 students in the Term 3 Break as per previous years.

Semester One examinations for all courses begin in Week 6 next term. This can be quite a stressful time for students. The best way to minimise stress and maximise your performance is by keeping up to date with all your work throughout the semester and beginning your exam revision well in advance. Students should be revising their classwork on a regular basis throughout the semester. The Student Services Team are able to support students to organise their study timetables.

All the best for the remainder of Term One and I hope you all have a relaxing few days over Easter.

Simon Cox

Student Services Term 1

Welcome to 2015 at MSC! Student Services started this year with a NEW team- we welcomed Ian Green and Asharie Bradshaw as the Year Coordinators, Karen Vincent as the Youth Support Worker, Amy Patience as the School Psychologist and Lauren Baxter as the Student Support Coordinator.

We have a busy year planned for MSC students this year- The Student Services Team is working hard organising numerous workshops, activities and events for students (and parents) to participate in including fundraising events and free dress days, study skills workshops, cybersafety workshops and the major events such as the MSC Ball and Country Week.

The theme for Term 1 at MSC is The 'B U Term'- from the Student Executive Team "the idea is to create a school culture where people are allowed and encouraged to express themselves, pursue their passions and interests. "Where people are encouraged to be themselves". The team have been busy organising student led interest groups being run at lunch times and the Cert III Design students have created posters to be showcased around the College encouraging students to accept individuality and celebrate success.

Student Services provides a number of great supports for both students and parents including assistance in getting along with friends, feeling more positive and relaxed, improving study skills, getting along with family at home and keeping healthy (mind and body).

If you would like to get into contact with a member of the Student Services Team please contact the College.

Year 11 Biology Excursion to the Zoo

Students were up early to get on the bus to go to the Perth Zoo.

The zoo was beautiful but the weather turned out to be very humid and walking around was slow and uncomfortable. The animals were visible and quite a lot of the Biology assignment could be completed on site. Students were then exposed to an education talk which looked at classification finishing off with live snakes and reptiles for the students to touch. The students are looking forward to an overnight camp later on in the year and are currently working on Pandora sustainable garden projects.



Kim Hughes Shield (Cricket)

For the last 5 weeks, a team of boys from Manea S.C. have been playing cricket against other schools in the Bunbury region. We have been playing 40 over innings matches and the boys have been on a winning streak. After narrowly losing the first game to Bunbury Catholic College, we have won our past four in a row. We are now waiting to hear who has finished on top of the table to play in Perth. Results and highlights are as follows:

- BCC (10/117) beat Manea (10/94) J. Parker 2/19
- Manea (6/217) beat Grammar (6/203) J. Parker 103, B. May 3/40
- Manea (2/118) beat Bunbury SHS (10/114) after 21 overs. B. May 54 N.O., S. Towers 4/22
- Manea (6/178) beat MacKillop (9/177) after 39 overs J. Parker 82,
- Manea (10/160) beat Dalyellup (9/142), D. Parker 52, B. Sandford 3/15



Matt Granger



Mark Rando



Charles Jenkinson



Ray Philp



David Kerr



Karen Harper



Alison Companti



Amanda Draper

Manea Senior College Board Member Profiles

Matt Granger has been CEO of the Bunbury Wellington Economic Alliance (BWEA) since 2008. BWEA's focus is economic development for the region. From 2004-2008, Matt was South West Regional Liaison Officer for the Chamber of Minerals & Energy of WA.

Grace Ley is currently the Regional Director of the WA Country Health Service – South West. Grace is committed to improving health and health services within rural WA and has been a Surveyor with the Australian Council on Health Care Standards since 2000.

Alison Companti is an accredited Justice of the Peace, a registered nurse, runs her own business consultancy and is passionate about making sure that services and facilities are available in rural settings. Alison won the Regional Leadership and Community Service Award for 2014.

David Kerr is the General Manager of the Dolphin Discovery Centre and has been on the Manea College Board since its inception as a business representative. David also runs his own management & training consultancy business specialising in Strategic Planning and Project Management.

Ray Philp is CEO of the Bunbury Chamber of Commerce and Industries and sits on the Executive of the Regional Chambers of Commerce. He has a wealth of experience in telecommunications and was the General Manager for Telstra Country Wide Southern WA from 2000-2010.

Mark Rando is a Financial Advisor who has run his own business since 2005. The business has grown from humble beginnings to a point today that it is a highly successful award winning company. Prior to this Mark studied as primary school teacher and worked for 12 years in the profession.

Charles Jenkinson works in regional development after 21 years in the print media, 10 as an award-winning newspaper editor in the UK, Melbourne and Western Australia. He has worked delivering Commonwealth services for eight years as an Executive Officer under six Ministers. He is an Associate Fellow in the Australian Institute of Management and an accredited Justice of the Peace.

Sue Beeson is a qualified accountant, currently self-employed and consulting to a

variety of clients within the medical fraternity in Bunbury. Her career path has encompassed a variety of administrative, business management, legal and financial aspects of local government, corporate enterprise, not-for-profit organisations and small businesses.

Karen Harper has been a Chemistry and Physics teacher at Manea Senior College since 2009. She became a Level 3 Classroom Teacher in 2009. As well as working to improve her students' understanding of Physics and Chemistry, Karen has been a Teacher Development Centre Coordinator where she supplied resources and worked with teachers across the state.

Amanda Draper has been a Mathematics teacher at Manea Senior College since 2011. She is currently completing her PhD in Education at Edith Cowan University (Bunbury). Amanda has also been working as a sessional lecturer at ECU, in Education and the University Preparation Course since 2009. Amanda has a vested interest in the education of young adults, having been a foster carer for many years (15) and having her own 6 children.



Training for Parents of Teenagers (TPOT) Research Study

FREE training for parents to help the mental and physical health of teenagers
VOLUNTEERS NEEDED – FREE COURSES IN WA!

Who is running the project?

The Centre for Mental Health at The University of Melbourne.

Who can take part?

Parents with teenagers aged between 12-15 years within Australia (one parent and one teenager per family). This includes Teachers or Staff who are parents.

What are the aims?

The project aims to teach parents the skills to assist a teenager, in the event that they develop a mental health problem or a physical injury and to evaluate the training offered.

We are interested to see if the skills taught to parents are used on adolescents and whether this has a long-term health benefit for adolescents.

What's in it for me?

A \$50 Coles/Myer voucher after course attendance! This is to acknowledge parents' time commitment (2 days) and travel expenses.

Parents receive the training course, materials and Certificate of completion for FREE.

Note: To be eligible, you must not have undertaken training in the previous three years in Mental Health First Aid (MHFA), Youth MHFA or physical first aid.

Questions?

Please contact Julie Fischer, TPOT Trial Manager, Centre for Mental Health, The University of Melbourne, email: jfischer@unimelb.edu.au, tel: 9035 6770 or mobile: 0401 772 648.

This study has received ethics approval from The University of Melbourne's Behavioural and Social Sciences Human Ethics Sub-Committee ID: 1135679, The Department of Education and Early Childhood Development (DEECD) ID: 2012_001480 and the Catholic Education Office of Melbourne (CEOM) ID: 1877.

Courses offered:

- **14-hour Youth Mental Health First Aid** which teaches adults the skills to recognise the early signs of mental illness, identify potential mental health-related crises, and assist teenagers to get professional help.
- **15-hour (HLTAID003) Australian Red Cross Provide First Aid** which teaches the skills to sustain life, reduce pain and minimise the consequences of injury and illness until professional help arrives.

WHEN in 2015?	WHERE?
23-24 April, 8.30am – 4.30pm (Thurs & Fri)	Youth Focus 54 Goodwood Parade BURSWOOD WA 6100
25 April and 2 May, 9.00am – 5.00pm (OVER TWO SATURDAYS)	110 Goderich Street EAST PERTH WA 6004
16-17 June, 9.00am – 5.00pm (Tues & Wed)	275 Abernethy Road (Ngala Building) BELMONT WA 6105
25-26 June, 8.30am – 4.30pm (Thurs & Fri)	Youth Focus 54 Goodwood Parade BURSWOOD WA 6100
Register at: www.tpot.net.au	

Other dates and locations are available!

During registration, parents will need to select two course dates but a computer will *randomly* place them into **ONE**.

Telephone interview prior to training

Before parents can attend their allocated training course, they and their teenager will be required to undertake an individual 20 to 30 minute telephone survey, which will ask about knowledge and attitudes about health problems.

For more information and to register: www.tpot.net.au